

ISOLATERAL INCLINE PEC FLY
JPL-108

◆ The Isolateral Incline Pec Fly machine is designed to target and strengthen the muscles of the chest, particularly the upper chest muscles. This machine features an inclined seat and adjustable handles that allow users to perform fly movements in an isolated manner where users can work on each side independently, addressing any strength imbalances and ensuring balanced muscle development.

◆ **DIMENSION:**
Length : 70 inches / 178 cms
Width : 60 inches / 152 cms
Height : 38 inches / 97 cms

◆ **MUSCLE WORKED:**
Pectoralis Major

